

# Border Eagle

Laughlin Air Force Base, Texas ... Together we 'XL'



## Newsline

A glance at news affecting Laughlin



### Pilot graduation

The graduation ceremony for Specialized Undergraduate Pilot Training Class 99-15 is 10 a.m. today in the Operations Training Complex auditorium.

The guest speaker is Maj. Gen. Tome Walters, Jr., principal assistant deputy undersecretary of the Air Force for international affairs.

### Newspaper flag

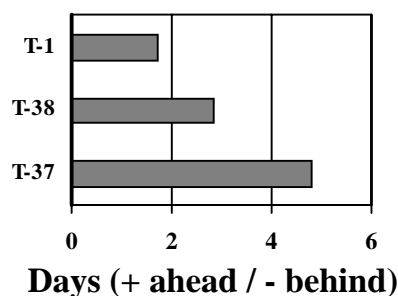
The Border Eagle staff extends a sincere 'Thank you' to Staff Sgt. Marc Barnes, 7th Bomb Wing public affairs, Dyess AFB, Texas, for designing our new, colorful newspaper flag.

Barnes is the editor of the Dyess Peacemaker newspaper.

### 47 FTW mission status

(As of Sept. 28)

#### Student Timeline



**Sorties flown in FY 99:**  
**71,056**

**Hours flown in FY 99:**  
**106,579.8**

**Pilot wings earned in FY 99:**  
**319**

**Pilot wings earned since 1963:**  
**11,361**

## DoD certifies Laughlin CDC, youth center

By Airman Bradley Pettit

*Border Eagle staff writer*

The Laughlin Child Development Center and the Youth Center School Age Program have been certified by the Department of Defense.

Certification is achieved by an organization or program meeting Air Force standards during an annual no-notice inspection. Inspectors conduct evaluations on things such as quality and safety of the environment, cleanliness, curriculum and leadership, and staff-child interactions.

The inspections are equivalent to operations readiness inspections and are very important, said Marilyn Couch, chief of the

47th Services Division.

"A lot of hard work, training, enhancements to interior and exterior facilities, and filling the director and training specialist positions at the child development center have helped us achieve certification," said Sherri McDonald, CDC director. "All key positions were filled in March. Since then, tremendous progress has been made."

"The School Age Program is for children 5 through 12 years old. It is a before-and-after-school program with a curriculum of age-appropriate activities to improve self-esteem while developing a positive attitude toward learning," said Denise

Booth, youth center director. "The children learn how to interact socially and participate in individual activities based on their personal interests. The activity centers have been expanded this past year, which keeps children interested in the daily activities."

Base leadership helped renovate facilities and upgrade equipment, which made certification possible, said Couch. Without the leadership's support, it wouldn't have happened, she said.

As the new inspection year begins today, several measures including new equipment installation, continued training and upgrades in both facilities, are being taken to maintain certification.

The staff has undergone a lot of training, which has helped turn an inexperienced group into a great team, said Couch. With all the positive changes that have been made, maintaining certification shouldn't be a problem, she said.

"We plan to keep our certification by meeting the high standards required by DoD," said Booth. "Having a qualified and trained staff, along with great support from the top, should help keep this program on its feet."

"It has been an uphill process. I think everyone is finally taking their hats off to all that has been accomplished," said Sam Kyle, flight chief, Family Member Support Flight. "Everyone has been taking little steps (toward this goal), but now we're ready to take a big step forward."

"We want to provide a quality place that cares for our youth," said Col. Dan R. Goodrich, 47th Flying Training Wing commander.

"This is an indication that Laughlin is succeeding in becoming a quality environment for our children."



Photo by Airman Bradley Pettit

Mary Baladez, School Age Program assistant, and Jessica Savoie, 7, read a book together during program hours Monday. The youth center School Age Program's hours of operation are Monday through Friday, 6:45 - 8 a.m., and 2:30 - 5 p.m.

## t h e inside scoop

### Commander corner ...

Marilyn Couch, 47th Services Division director, shares snapshots of her many years with the military.

**Page 2**

### Fall Review III ...

Base talent show draws 26 acts and more than 300 people together for a night of fun and entertainment.

**Page 3**

### Air Amistad '99 ...

Confederate Air Force and a collection of historical aircraft to appear at Laughlin at this year's air show Oct. 17.

**Page 5**

# Commander

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**By Marilyn Couch**  
*47th Services Division  
director*

## Celebrating memories, embracing adventures

As the Texas heat evaporates into the Fall crisp mornings of new beginnings, snapshots of my 28 years with the military flash through my mind.

■ 1967 – A carload of teenagers detained by a freight train at an intersection loudly complain of the inconvenience of the stop which stood between them and burgers and drinks. Our shallow conversation hung in the silent air as camouflaged tanks rolled by on their way to Vietnam.

■ 1972 – Fort Polk, La.: Army basic training camp: Listening to the cadence of young recruits as I searched for civilian personnel to report in on my first day as a civil servant.

■ 1980 – Barksdale Air Force Base, La.: Preparing a

classified briefing that woke me to the realization of how fragile peace really is.

■ 1985 – Little Rock AFB, Ark.: Teaching a youth crafts class where children talked about their feelings of loss. An aircraft accident had taken their classmate's father and family away from our military community.

■ 1991 – Bergstrom AFB, Texas: Organizing morale, welfare and recreation programs for families coping with Desert Storm.

■ 1992 – Andersen AFB, Guam: Six weeks without potable water after a super typhoon hit the island. Dancing on a coral beach as services troops delivered burgers and beer at a base-wide "We Survived" party.

■ 1994 – Eielson AFB, Alaska: Flying over hours of desolate ice caps in a staff assistance visit, to evaluate people surviving the elements – added as a footnote to the ORI checklist.

■ 1995 – Standing breathlessly silent inside the caves of Okinawa: remembering childhood stories told by my father that described the terror of hiding from the enemy

on this very spot during World War II. Now brightly lit for tourists, I wondered how anyone could summon the courage to live in darkness for weeks knowing poisonous snakes coiled in hidden ravines.

■ 1996 – Laughlin AFB, Texas: taking responsibility for the 47th Support Group Services Division.

■ 1999 – Pressing forward to build, renovate and expand Laughlin services facilities and programs.

All my past experiences have shaped the person I am today. Through my association with the U.S. Air Force, I've gained an understanding of other cultures by travel, confidence and flexibility from permanent change of station assignments, and service before self by following examples of those I've worked with. The teenager stopped at a crossroad many years ago had some idea of military sacrifice.

Twenty-eight years later, as I contemplate telling my own war stories to my grandchildren, I would tell them the military life has taught me to celebrate the memories and embrace the adventure.

## ACC veteran pilot discusses future fighter power, air superiority

**By 1st Lt. Jessica Smith**  
*Air Combat Command public  
affairs*

LANGLEY AIR FORCE BASE, Va. – The initial explosion reflected off the snow-covered mountains and, even though it was eight miles away, the image reminded Lt. Col. Cesar "Rico" Rodriguez of a lighted football stadium on a dark, moonless night.

The explosion was a Yugoslavian air force MiG-29 that Rodriguez shot down in southwest Pristina during the first

night of Operation Allied Force. This kill, along with two others during Desert Storm while assigned to the 33rd Fighter Wing at Eglin Air Force Base, Fla., allowed Rodriguez to experience a feeling of success many people will never know.

The colonel, now assigned to Air Combat Command safety directorate, said all three kills were based on the fundamental rules of air superiority he learned and trained with throughout his career: locate, identify and engage.

Rodriguez explained that although those principles will remain the same, what will change is our adversaries' capability to challenge U.S. capacity to control air space. This is why he believes investing in the F-22, the Air Force's number one modernization priority, will ensure the U.S. air dominance well into the next century.

"The integration of stealth, supercruise and near real-time situational awareness of the entire battle space makes the F-22 a technological giant over the F-

15. Not only will we need less tanker and airlift support in the deployment of a lethal force, the off-station maintenance requirement will make the sustainment of the force a much easier task," Rodriguez explained.

When the F-15 was delivered to the Air Force in the 1970s, developers used then cutting-edge technology to provide an all-weather, extremely maneuverable tactical fighter that has proven itself to be the premier air superiority fighter of its time. Now and in the future, a

capable fighter carrying more advanced technology is needed to dominate the skies into the next century.

"The F-22 concept, development and eventual fielding has taken into account not yesterday's warfighting capabilities, but what the future has to offer," Rodriguez said. "In some cases, when you think about what the enemies of tomorrow can deploy, just our ability to expand the aircraft's capability with new software is, **See 'Air power,' page 9**

### Actionline

Call 298-5351

If your question relates to the general interest of the people of Laughlin, the question and answer may also be printed in the *Border Eagle*. Before you call the Actionline, please try to work the problem out through the normal chain of command or directly with the base agency involved.

Thanks for your cooperation and I look forward to reading some quality ideas and suggestions.

*Dan R. Goodrich*  
**Col. Dan R. Goodrich**

*47th Flying Training Wing commander*



AAFES	298-3176
Accounting and Finance	298-5204
Civil Engineer	298-5252
Civilian Personnel	298-5299
Commissary	298-5815
Dormitory manager	298-5213
Hospital	298-6311
Housing	298-5904
Inspector General	298-5638
Legal	298-5172
Military Personnel	298-5073
Public Affairs	298-5988
Security Forces	298-5900
Services	298-5810
Social Actions	298-5400
FWA hotline	298-4170

**C**all: We live in base housing. While I was doing the garden this morning, there was a snake in the yard. It wasn't very big, but it had a white belly and diamond markings on its back. I called entomology and they stated we are dealing with nature on base and you may have little things like this from time to

time – just throw it in the trash. What is the point of having an entomologist on base? At my last base, Howard Air Force Base, entomology would come out and research the findings. Thank you.

**R**esponse: You are correct – our procedures require us to respond to entomology service

requests called into our dispatcher within 30 minutes and to remove the nuisance immediately. The dispatcher can be reached at 5488.

Please accept our sincere apologies for the breakdown in service in this incident and any attendant inconvenience.



## Border Eagle

Col. Dan R. Goodrich  
*Commander*  
1st Lt. Angela O'Connell  
*Public Affairs officer*  
Senior Airman Mike Hammond  
*Editor*  
Airman Bradley Pettit  
*Staff writer*

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### Deadlines, Advertising

News for the Border Eagle should be submitted to the 47th Flying Training Wing Public Affairs Office, Bldg. 338, Laughlin AFB, TX, Ext. 5262. **Copy deadline is close of business each Thursday the week prior to publication.** Advertising should be submitted to the Del Rio News-Herald, 2205 Bedell, Del Rio, TX, 774-4611. Advertising should be submitted by 4 p.m. each Friday. Submissions can be E-mailed to: michael.hammond@laughlin.af.mil or regional.woodruff@laughlin.af.mil

Visit Laughlin's website at <http://www.lau.aetc.af.mil/>

***“Excellence –  
not our goal, but  
our standard.”***  
– 47 FTW motto

## Safety Stats

As of Sept. 29  
(Fiscal Year)

	'99	Total '98
On-duty mishaps	5	11
Off-duty mishaps	12	7
Traffic mishaps	2	4
Sports & Rec mishaps	6	3
Fatalities	0	2

# Talented base members take the stage

**By Senior Airman Mike Hammond**  
*Editor*

At first, I thought I was dreaming – I must be trapped in a VH1 marathon of “Behind the Music,” “Before They Were Rock Stars,” and “Where Are They Now?” programs.

It was Saturday night, and there was a lively version of the Beatles hit “Revolution,” Whitney Houston’s “Greatest Love of All,” and the John Travolta/Olivia Newton-John duet “Summer Nights.” There was a ballet dancer, groups of dancers and singers of all types of music – all appearing live on stage.

As I looked around the packed Fiesta Center ballroom and saw many familiar faces in the crowd, I quickly realized that – far from being in televised dreamland, I was actually at Fall Review III – Into the New Millennium, one of two annual talent shows at Laughlin.

“This was the biggest and the best show ever put on,” said Denise Booth, Youth Center director. Booth and Kc Radloff of the Fiesta Center co-directed the show. “There were 26 acts performing and more than 300 people attended the show,” she said.



Senior Airman Floyd Bea, 47th Medical Operations Squadron, and his daughter, Roxanne, sing ‘I am but a Small Voice.’



Photos by Senior Airman Mike Hammond

Thomas Cooper strikes a pose while performing “Summer Nights” (from the soundtrack of the movie ‘Grease’) with his wife, Airman 1st Class Lyndsey Cooper, 47th Operations Group.

Booth attributed the success of Fall Review III to enthusiastic, talented performers who participated, and the success of Spring Stages III – this year’s earlier

talent show – in March.

Booth indicated that auditions will be held soon for performers to participate in the spring talent show.



Rubberband, a band made up of Senior Airman David Reeves, 47th Comptroller Flight, Tony Valerio, Chico Rodriguez and Jeremy Carson, play ‘Revolution’ to open the second half of Saturday’s show.

## Air Force continues HYT waivers to combat manning shortages

WASHINGTON – To combat manning shortages and projected under strength for fiscal 2000 and 2001, the Air Force is continuing its liberal high-year-of-tenure extension policy which was originally scheduled to end Aug. 31.

The Air Force liberalized the HYT extension policy in March for senior airmen through senior master sergeants scheduled to reach their HYT in fiscal 1999 and 2000. The

program is being continued through fiscal 2000 and a similar program has been adopted for individuals scheduled to reach their HYT in fiscal 2001.

“The continuation of the liberal HYT extension policy provides commanders the opportunity to retain people vital to the mission,” said Lt. Gen. Donald L. Peterson, deputy chief of staff for personnel.

The program offers eligible senior air-

men through senior master sergeants the opportunity to request a two-year extension if their current HYT occurs between now and the end of fiscal 2001. For instance, qualified staff sergeants with a Sept. 1, 2001 HYT can now request to extend their retirement date to Sept. 1, 2003.

Applications will be considered on a case-by-case basis, and Peterson said approval

**See ‘Extension,’ page 9**

## The *XLer*

**Hometown:** New Market, Ala.

**Family:** Husband, Jason – and a baby on the way.

**Time at Laughlin:** Two years, eight months.

**Time in service:** Three years.

**Why did you join the Air Force?** Education and travel.

**Name one way to improve life at Laughlin:** Extend hours of services.

**Greatest accomplishment:** Making it past the first trimester of my pregnancy.

**Long-term goals:** Family, get a degree in drafting and start an architectural career on the outside.

**Hobbies:** Swimming and movies.

**Favorite food:** Chicken and rice.

**Favorite beverage:** Sweet tea.

**Bad habit:** Procrastination.

**Motto:** Golden rule is ‘Do unto others as you’d have done unto you.’

**If you could spend one hour with any person in history, who would it be and why?** My uncle, because he died at 28 from cancer, which came quite suddenly.



Photo by Zenaphir Bond

**Senior Airman Melissa Stanley**  
*47th Medical Support Squadron*

## Chapel Schedule

### Catholic

- Daily Mass 12:05 p.m.
- Saturday Mass 5 p.m.
- Sunday Mass 9:30 a.m.
- Confession 4:15 - 4:45 p.m. Saturday, or by appointment.
- Choir 6 p.m. Thursdays.
- Sunday school 11 a.m., religious education building.

fellowship hall.

-Sunday School, 9:30 a.m., religious education building.

-Awana, Wednesdays from 6 - 7:30 p.m.

(For more information on AWANA, call Mike or Karen Silver at 298-3247).

### Jewish

– Max Stool

219 West Strickland St.

Del Rio, Texas

Phone: 775-4519

### Protestant

- General worship 11 a.m.
- Bible study video luncheon 11 a.m. Thursday, chapel

*For more information on chapel events and services, call 5111.*





## From the Blotter

(47th Security Forces Squadron)



**Sept. 19** – An unidentified caller reported someone playing loud music in the enlisted dormitories. The individual did not comply with initial requests to turn down his stereo. The unit first sergeant was called to respond.

**Sept. 21** – A civilian employee, driving a government vehicle, struck a parked privately owned vehicle in the parking lot of base supply.

**Sept. 21** – A military family suffered minor injuries when the car she was driving was struck by a train outside the main gate. Security Forces, Val Verde Sheriff's Office, Union Pacific railroad police and the Texas Department of Public Safety responded. The family member was evaluated at Val Verde Regional Medical Center and released.

**Sept. 22** – A civilian employee reported his

privately owned vehicle. The vehicle had a 44 inch scratch.

**Railroad crossing safety** – Texas Law mandates vehicle operators stop for all warning signals at railroad crossing. It also specifies that vehicles such as school buses, trucks transporting hazardous cargo, etc. must *always* stop at railroad crossings. The recent accident at the main gate only increases the attention to the danger railroad crossings present. The train engineer stated that vehicles frequently try to "beat" the train. Anyone caught trying to beat the train will be cited under Section 545.251 of the Texas motor vehicle code. The majority of train/vehicle accidents end in a fatality. Even if beat the train, you will have a citation waiting for you at the entrance to the base.

## 47th Medical Group

Here are some tips to help stop family violence:

- ♦ Call police immediately if you are aware of a battering in progress.
- ♦ Don't laugh at jokes that involve adults hitting each other – they're not funny any more.
- ♦ Support your local family violence shelter through contributing or volunteering.
- ♦ Tell your local, state and national elected officials that you support strong laws against family violence and you want those laws enforced.

For information about battered women's shelters, battered treatment services, referrals and other family violence services in Texas, call the Texas Abuse Hotline is 1-800-252-5400.

The Amistad Family Violence and Rape Crisis Center offers shelter, counseling groups and information for victims of violence and their children in the local community. The AFVRCC crisis line is 774-2744.

# The Judge Advocate General’s Department announces law school programs

Competition for the fiscal year 2000 Funded Legal Education Program and Excess Leave Program has begun. Interested officers are encouraged to compete.

The FLEP program is a paid legal studies program for active-duty Air Force officers. Officers successfully completing FLEP and ELP are eligible to be designated as a judge advocate. Eligibility for FLEP requires the applicant to have served no less than two years and no more than six years active-duty service (enlisted or commissioned). FLEP applicants must also be in the pay grade of 0-3 or below as of the first day of law school.

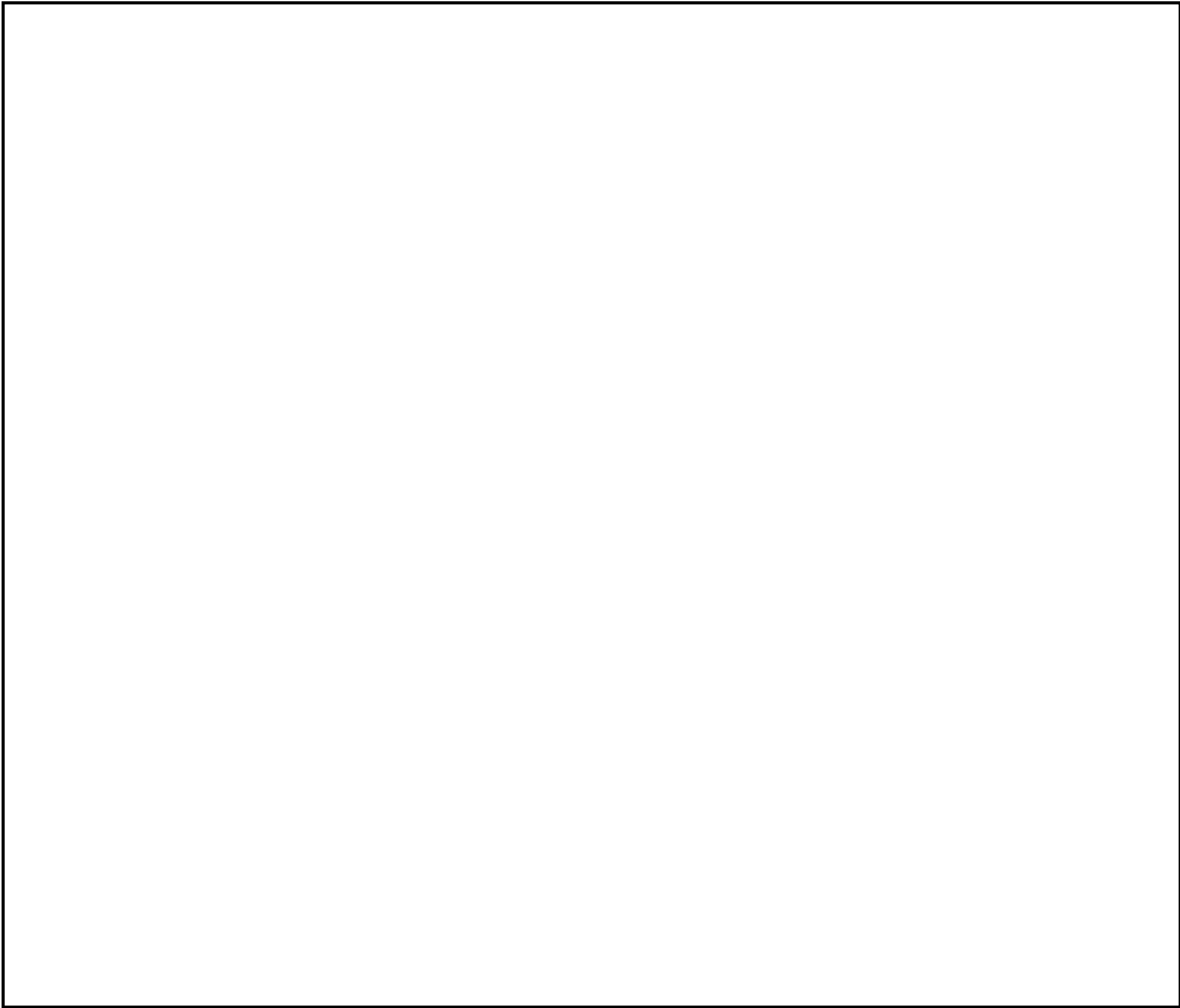
The ELP program is an unpaid legal studies program for Air Force officers. Eligibility for ELP requires the applicant to have served no less than two years and no

more than ten years of active-duty service. Additionally, ELP applicants must be in the pay grade of 0-3 (with less than three years in grade) or below as of the first day of law school.

Both FLEP/ELP programs require attendance at an American Bar Association accredited law school. Upon graduation and admission to one of the 50 state bars (including Puerto Rico and the District of Columbia), candidates are eligible for designation as a judge advocate. The selection process for FLEP/ELP is very competitive – candidates are selected on the “whole person concept.” During fiscal year 1999, the average selectee’s Law School Admissions Test score was 162 (88th percentile). The average undergraduate grade point average was 3.32. The FLEP

selection rate was 12 percent, while the overall FLEP/ELP selection rate during fiscal year 1999 was 21 percent.

To be considered for FLEP/ELP, applicants must have completed all application forms, applied to an ABA accredited law school, received their Law School Admissions Test results, and completed an SJA interview by March 10, 2000. Air Force Instruction 51-101, Judge Advocate Accession Program, Chapters 2 and 3, discusses the FLEP/ELP programs. For more information and an application, contact Maj. Mark Allison, Office of The Judge Advocate General, Professional Development Division, at DSN 224-5941, send him an e-mail at **Mark.Allison@pentagon.af.mil**, or visit the website at **<http://www.jagusaf.hq.af.mil>**.





# 13 members to be promoted here in October

***Congratulations to the following people, promoted effective the dates below:***








 <b>Promotion to Lt. Col.:</b>	<b>Organization</b>	<b>Effective date</b>
Randall Schermerhorn	84th Flying Training Squadron	Today
 <b>Maj.:</b>		
Quinten Miklos (PCS)	85th Flying Training Squadron	Today
 <b>Master Sgt.:</b>		
Arnold Bush	47th Flying Training Wing	Today
David Sponsel (PCS)	47th Support Group	Today
<i>(Gwen Herndon, 96th Flying Training Squadron, was recently promoted to master sergeant.)</i>		
 <b>Staff Sgt.:</b>		
Martha Curley	47th Operations Support Squadron	Today
Scott Parker	47th Aeromedical Dental Squadron	Today
 <b>Senior Airman:</b>		
Carey Fulce	47th Operations Support Squadron	Oct. 10
Brock Kerzmann	47th Communications Squadron	Oct. 25
 <b>Airman 1st Class:</b>		
Natosha Blevins	47th Security Forces Squadron	Oct. 25
Christina Creech	47th Mission Support Squadron	Saturday
Karl Lacsina	47th Aeromedical Dental Squadron	Sunday
Kylie Roberts	47th Medical Support Squadron	Sunday
 <b>Airman:</b>		
Kenneth Angeles	47th Mission Support Squadron	Oct. 28



Photo by Jim Teet

## Past, present and future

Capt. Eric Kos, a T-37 instructor pilot with the 85th Flying Training Squadron, shows the cockpit to his son, Ethan, and to Lt. Col. (Ret.) Art Kegel. Kegel, who administered the oath of commission to Kos, visited Laughlin during a reunion of his class, 70-01, last week.

**Deadline for submission of material for the**  
**Border Eagle is Thursday, the week prior to publication.**



**‘Air power,’ from page 2**

in itself, a superiority weapon of tomorrow. We can’t limit our lessons-learned research to yesterday’s history books; we must think outside the box.

“We are quickly reaching a point where the F-15 can no longer be upgraded without major fiscal commitments,” he continued. “The F-22 gives us the upgrade potential for many years to come. Let’s not forget that the technology of the F-22 is also an investment to be rolled into future platforms.”

Reflecting on his accomplishments in the F-15 Eagle cockpit, Rodriguez has been able to take a step back and appreciate the teamwork necessary for success in the Balkans. Teamwork is also needed to continue success in the skies.

“I have great memories of the crew chiefs working day and night to get our jets ready for the next mission,” he said. “I remember the (ammunition) troops building, delivering and loading missiles that will become our first ‘line of offense’ or defense. I have great memories of seeing each and every fighter pilot ... who took off from Cervia also come back to land at Cervia. I also recall all of the boxes of cookies that spouses sent, that didn’t last a day on the operations counters. War is more than life inside the cockpit; it is truly a team effort.

“We met the challenge of combat and we returned home to prepare for the next challenge,” Rodriguez said.

(Courtesy, ACC News Service)

**‘Extension,’ from page 3**

would be based on individual contributions to mission requirements and ability to meet quality standards. Therefore, applicants should not make irrevocable plans until their extension is approved.

“The high year of tenure extension policy continues to help

bridge the gap between today’s shortfalls and the results of long-term programs designed to improve retention,” Peterson said. Benefits to the Air Force include:

- Retention of experienced senior airmen and noncommissioned officers;
- Assistance to commanders in

meeting operational missions;

- Relief to current 5-level manning shortfall;
- Supports transition to the expeditionary aerospace force;
- Helps end strength.

“After careful consideration of career progression opportunity, we feel continuation of the tem-

porary liberal HYT waiver extension is on target,” Peterson said. “Commanders are encouraged to support HYT extensions of all qualified applicants to the maximum extent possible.”

Contact the 47th Mission Support Squadron, military personnel flight for more information.

**Please ...  
Recycle this  
newspaper  
after  
reading!**



# Air Amistad ‘99 to feature Confederate Air Force

By Senior Airman  
Mike Hammond

Editor

The base will open the main gate to the local community at 9 a.m. Oct. 17, to welcome everyone to Air Amistad ‘99.

The purpose of the airshow, aside from the obvious entertainment, is to give the community a look at what the Air Force is all about.

The event will feature an array of fighters, bombers and trainers, along with historical aircraft, in flying demonstrations and static displays.

This year, Laughlin will be graced with the presence of the Rio Grande Valley Wing of the Confederate Air Force.

The Confederate Air Force, an all-volunteer, non-profit organization, is incorporated under Texas laws for charitable

and educational purposes.

One of its objectives is to preserve (in flying condition) a complete collection of combat aircraft flown by all U.S. military services in World War II. The CAF also seeks to perpetuate in the memory and hearts of all Americans the spirit in which these great planes were flown for the defense of our nation.

The Rio Grande Valley Wing, based in Brownsville, Texas, is providing four aircraft for our show.

The aircraft appearing are: a BT-13 – a basic trainer aircraft; a PT-26 – a primary trainer; a 1928 Fleet Finch – a Canadian Royal Air Force trainer; and a Stinson LS liaison aircraft – used for forward fire control and as an air ambulance.

(Information courtesy of  
Confederate Air Force)

## Where are they now?

**Name:** Capt. Eric E. Marshall.

**Class/Date of graduation from Laughlin:**  
Class 99-15 / Oct. 1992.

**Aircraft you fly and base you are stationed at:** C-141, McGuire Air Force Base, NJ.

**Mission of your current aircraft:** Strategic airlift.

**What do you like most about your current aircraft?** Traveling around the world.

**What do you dislike about your current aircraft?** Sitting airlift.

**What was the most important thing you learned at Laughlin, besides learning how to fly?** Spend time with your family and keep them involved.

**What is your most memorable experience from Laughlin?** Partying in Mexico with good friends.

**What advice would you give SUPT students at Laughlin?** Keep a positive attitude. Laughlin is a great place for Undergraduate Pilot Training.



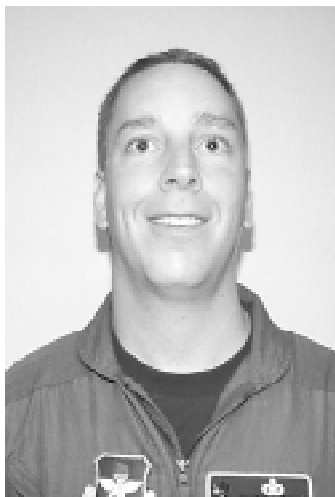
## Question of the week

# What does graduation mean to you?



"I've waited for the opportunity to earn my silver wings – graduation is just that opportunity. It's also a time to celebrate, say goodbye to friends and welcome a new, challenging career."

**2nd Lt. Trena Emerson**  
*87th Flying Training Squadron*



"Specialized undergraduate graduation is the culmination of my lifelong dream. It makes me appreciate the efforts of my family, friends and all those in the Air Force who helped me achieve that dream."

**Capt. Andrew Bowder**  
*87 FTS*



"Woo Hoo!"

**2nd Lt. Lauren Eckert**  
*86th Flying Training Squadron*



"Seeing a group of people come together and work together to achieve a common goal. Nobody makes it through this program without each other's help. This is a great highlight in my life!"

**Capt. Karl B. Boehle**  
*86 FTS*





**Capt. Karl B. Boehle**  
**Class Leader**  
Dyess AFB, Texas – C-130



**Capt. Andrew P. Bowder**  
**Assistant Class Leader**  
Tyndall AFB, Fla. – F-15



**Capt. Ira C. Cline**  
McChord AFB, S.C. – C-141



**1st Lt. Gregg C. Beeber**  
Charleston AFB, S.C. – C-17



**1st Lt. Daigo Ishibiki**  
Japan – T-2



**1st Lt. Daisuke Kadota**  
Japan – T-2



**1st Lt. Kyosuke Tsushima**  
Japan – T-2



**2nd Lt. Erin Z. Bender**  
Hurlburt Field, Fla. – C-130



**2nd Lt. Scott R. Clark**  
Andrews AFB, Md (AFRC) – C-141



**2nd Lt. Lauren G. Eckert**  
Laughlin AFB, Texas – T-1



**2nd Lt. Matthew R. Edwards**  
Travis AFB, Calif. – C-5



**2nd Lt. Trena M. Emerson**  
Luke AFB, Ariz. – F-16



## Class 99- to new ch

Student Undergradu  
99-15 graduates at 10 a.m.  
at the Operations Trainin

The 52-week SUPT  
dent pilots for the entire  
aircraft and flying missio  
Training begins with thr  
cal and academic trainin  
flight.

The second phase, p  
ducted in the twin-engin  
In the T-37 students lear  
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training  
of 254.4  
ground  
27.3  
the flight  
and 89 flying



After primary  
pilots are selected for ad  
in a specialized area or t  
tanker, bomber and carg  
1 aircraft, fighter pilot tr  
propeller aircraft training  
and helicopter training in

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Elmendorf AFB, Alaska – C-130



2nd Lt. Geoffrey R. Hindmarsh  
McConnell AFB, Kan. – KC-135



2nd Lt. Daniel C. Leung  
Luke AFB, Ariz. – F-16



2nd Lt. Keith A. Litzler  
Grand Forks AFB, N.D. – KC-135



2nd Lt. Christopher C. Miller  
Tyndall AFB, Fla. – F-15



2nd Lt. Erin M. Munson  
Pope AFB, N.C. – C-130



2nd Lt. Mark A. Orek  
Luke AFB, Ariz. – F-16



2nd Lt. Ryan T. Savageau  
Luke AFB, Ariz. – F-16



2nd Lt. Lubomir G. Slavov  
Bulgaria – L-29



2nd Lt. Charles T. Whitehead II  
McGuire AFB, N.J. – KC-10



2nd Lt. Ryan M. Wierzbanski  
Luke AFB, Ariz. – F-16



2nd Lt. Phillip C. Winterton  
Little Rock AFB, Ark. – C-130

# Hispanic American, military legends: Lt. Gen. Elwood “Pete” Quesada

**By Master Sgt. Joe Toppi**  
*United States Strategic Command*

Arnold, Vandenberg, Spaatz, Lemay ... Quesada? The “Father of TAC” (Tactical Air Command, now known as Air Combat Command), Lt. Gen. Elwood “Pete” Quesada is

credited with formulating the close air support doctrine of U.S. forces in World War II with his 9th Tactical Air Command. So well respected were Quesada’s innovations, that other generals conceded that almost all of the other tactical air

commands “pretty much patterned themselves after the 9 TAC, and I’m sure that we operate like them too.” Lt. Gen. Quesada was born in Washington, D.C., in 1904 – less than a year after Wilbur and Orville Wright made their historic first flight in Kitty Hawk,

N.C. As a child, he watched some of the Army’s first planes flying around College Park, Md. In 1924, he went for his first ride in an airplane, and the rest, as they say, is history. Quesada remained in the Air Service for approximately two years, but then decided to return to civilian life. For the year that he was out he had a brief stint with the St. Louis Cardinals professional baseball team and was a federal agent with the Treasury Department in Detroit, even taking part in an operation against Al Capone at one point. Apparently, neither the life of Babe Ruth or Elliott Ness had lasting appeal for him, so in 1927 he re returned to active duty. Along with Maj. Carl Spaatz and Capt. Ira Eaker, 1st Lt. Quesada flew the famous “Question Mark” aircraft on the first-ever mid-air refueling missions in 1929. But this was just a precursor of great things. Over the next 14 years, “Pete” Quesada would make a name for himself as a flyer and a leader, both through plain and simple competence. He also had several key assignment as assistants to high-ranking military and political officials. These actions would culminate in his promotion to brigadier general and subsequent entry into the European theatre of World War II as commander of the 9 TAC in 1943. Planning the tactical use of American aircraft to protect the Allied troop assault on Omaha Beach on D-Day would fall squarely on Quesada’s shoulders. He was solely responsible for the introduction of newer FM radios to aid in communications between troops out in the field and command centers; he also was first to envision radar

as a useful tool in helping friendly aircraft to find enemy targets, not just to defend against hostile aircraft. Also, due to his close ties with many Army commanders, and his appreciation of the close air support role, he came up with the idea of putting Air Corps people on the ground with the Army to help call in air strikes – the fore-runners of the Tactical Air Control missions of today. On D-Day, Quesada’s fighter pilots ruled the skies over Normandy, much in part to his “hands-on” approach. After World War II, Quesada was rewarded for his brilliance during the conflict by being named as the commander of the new TAC by Gen. Carl Spaatz, and would hold on to that position as the Air Force became a fully independent service on September 18, 1947. Soon after the war, with the onset of the Cold War, the lion’s share of resources began to flow to the Strategic Air Command, and TAC was down-sized, combined with Air Defense Command, and molded into Continental Air Command, which was dwarfed by SAC. Quesada grew frustrated as many of the tried and true tactical air power principles he developed were being abandoned before his eyes, and in 1951 he decided to retire from the Air Force that he loved. He died in February, 1993, leaving behind a legacy of innovation. Aerial refueling, close air support principles, better command center/field communications, multiple uses of radar, TAC air control teams – all brought to you by Lt Gen. Elwood “Pete” Quesada, and used extensively in the winning of World War II, as well as in our defense strategy to this day.

Sept. 15-Oct. 15 is designated as Hispanic Heritage Month. You can help in this observance by supporting the base’s Hispanic Heritage Council. Look for other stories about hispanic military legends in coming issues of the Border Eagle.



# Understanding the difference between exercise and activity

**By Hank Bowman**  
*47th Flying Training Wing,  
exercise physiology consultant*

Do you know the difference between aerobic activity and aerobic exercise?

Aerobic activity can be defined as one's participation in sports or recreation related ef-

forts. This activity gets you up off the couch, makes you put down that three pound bag of Doritos and gets you involved, but does little to improve your fitness level. Activity is the first step in making some lasting lifestyle changes toward reducing the risk factors associated

with age, inactivity and chronic diseases.

The American College of Sports Medicine is an enthusiastic advocate of physical activity. In fact, the ACSM has recommended that the vast majority of physically active adults do not need to be involved in struc-

tured, formal exercise programs to maintain overall health and well being. Softball, golf, tennis, walking, strength conditioning (weight lifting) and basketball are a few examples of aerobic activity.

Aerobic exercise is defined as one's regular participation in

a physical exercise regimen designed to enhance or improve one's physical capacity. Aerobic exercise causes a training effect, it causes the cardio-respiratory system to become more efficient, which means the body can respond to increased physi

**See 'Activity' page 13**



‘Activity’ from page 12

cal demands with less effort. Your heart and lungs won’t have to work as hard and therefore should last longer, which may translate into an increase in longevity.

The ACSM recommends using the “F.I.T.T. Principle” to design and guide an exercise program. F = frequency, the number of times you should exercise per week, which is 3 to 5 times. I = intensity, where your heart rate should be during exercise, which is 60 to 90 percent of maximum heart-rate (220 - age). T = time, duration of exercise, which should be 30 to 60 minutes in the prescribed heart-

rate zone. T = type, needs to be aerobic, rhythmical and involve the major muscle groups of the body.

Which one is right for you?

As an active-duty member being part of the vast majority previously mentioned by the ACSM is not in your immediate future, unless you are pending retirement orders. The Air Force puts a few more demands on you than is required by the general population. Physical activity will not be

enough, in the long run, to ensure your longevity as a service member. AFI 40-501 specifically outlines the Air Force’s expectations of all its members.

*“Aerobic activity can decrease the risk factors associated with age, inactivity and chronic disease.”*

The number one goal of the Air Force Fitness Program is to motivate all members to participate in a year round physical conditioning program. The AFFP uses cycle ergometry to estimate its member’s fitness level. In the near future the AFFP will institute muscular strength and muscular endurance testing to round

out the fitness evaluation. The only scientifically proven way to improve one’s fitness level is to follow the criteria established by the FITT Principle.

In summary, aerobic activity can serve to decrease the risk factors associated with age, inactivity and chronic disease, however, aerobic exercise, when done correctly, will cause a change in one’s fitness level and that will allow each member to meet and exceed AFFP expectations. As always, seek medical clearance prior to starting a vigorous exercise program and always seek professional counsel when available, such as a credentialed fitness trainer or exercise physiologist.

Hey!

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Check it out at:

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United States Air Force  
ONLINE



Week 4, NFL football

Sunday:

Arizona vs. Dallas	12 p.m.
Baltimore vs. Atlanta	12 p.m.
Jacksonville vs. Pittsburgh	12 p.m.
New England vs. Cleveland	12 p.m.
New Orleans vs. Chicago	12 p.m.
Philadelphia vs. N.Y. Giants	12 p.m.
St. Louis vs. Cincinnati	12 p.m.
Tampa Bay vs. Minnesota	12 p.m.
Carolina vs. Washington	3:05 p.m.
Kansas City vs. San Diego	3:15 p.m.
N.Y. Jets vs. Denver	3:15 p.m.
Tennessee vs. San Francisco	3:15 p.m.
Oakland vs. Seattle	7:20 p.m.
Monday: Buffalo vs. Miami	8 p.m.

Players' point totals

Mike Hammond  
21

Tony Holmes  
20 (week 3 winner – 11 pts.)

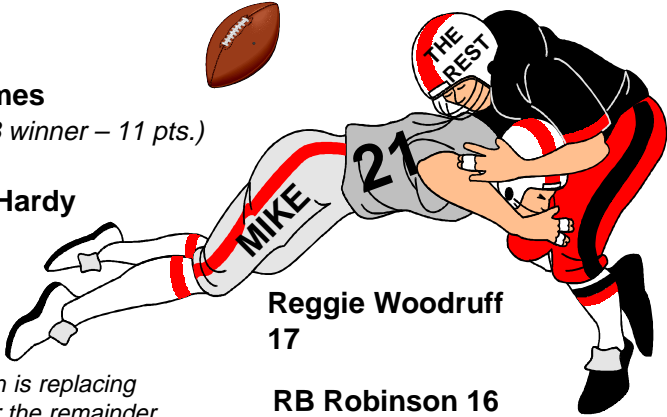
Clarence Hardy  
19

(RB Robinson is replacing  
Ernie Bice for the remainder  
of the first half of the regular  
season).

Reggie Woodruff  
17

RB Robinson 16

Brad Pettit 13



The players' picks for week 4

<i>Reggie Woodruff</i>	<i>Mike Hammond</i>	<i>Brad Pettit</i>	<i>Clarence Hardy</i>	<i>RB Robinson</i>	<i>Tony Holmes</i>
DAL	DAL	DAL	DAL	DAL	DAL
BAL	ATL	BAL	BAL	BAL	ATL
JAX	JAX	JAX	JAX	PIT	JAX
N.E.	N.E.	N.E.	N.E.	N.E.	N.E.
N.O.	CHI	N.O.	N.O.	CHI	N.O.
NYG	NYG	PHI	NYG	NYG	NYG
STL	STL	CIN	STL	CIN	STL
MIN	MIN	MIN	T.B.	T.B.	MIN
WAS	WAS	CAR	WAS	CAR	WAS
K.C.	K.C.	K.C.	K.C.	K.C.	K.C.
DEN	NYJ	DEN	DEN	NYJ	NYJ
TEN	S.F.	S.F.	S.F.	S.F.	S.F.
SEA	SEA	SEA	OAK	OAK	SEA
MIA	BUF	MIA	MIA	BUF	MIA





Photos by Airman Bradley Pettit

## Up the chain

Airman 1st Class Leah A. Barrios, 47th Civil Engineer Squadron, cleans a protective mask for training mobility personnel, and Airman 1st Class Paul D. Doyle, 47th Communications Squadron, gets senior airman stripes from Col. Dan R. Goodrich, 47th Flying Training Wing commander. Both airmen are the latest on base to earn stripes under the Senior Airman Below the Zone program. Only those airmen who display exceptional potential for increased responsibility are considered for BTZ.

travel charge cards, call 5203.

## Housing applicants

People renting/leasing quarters downtown while awaiting military housing, should keep the housing office informed of current phone numbers and lease length.

Reservist and Air National Guard personnel residing in military family housing whose original orders have expired must provide the housing office with a copy of amendments extending their active duty service.

For more information, call 5732.

## Travel approval

The Traffic Management Office is responsible for making travel arrangements for Air Force personnel when travel orders authorize travel and transportation. A member may not be reimbursed for personally-procured transportation when specific transportation is directed by Joint Federal Travel Regulation U3110.

Orders issuing and approval officials should tell official travelers to report to TMO to arrange their travel per Air Force Instruction 24-101.

For more information, call 5203.

## Open house

There will be a life skills flight open house in the 47th Medical Group conference room 9-10:30 a.m. Wednesday.

## Recycling and refuse

The method of surveillance for refuse and recycling service for base housing and mobile home resident is customer complaint. Here are other recycling center notes:

- the base recycles scrap metal, insulated wire, aluminum, tin cans, plastics one and two, glass, newspaper, commissary bags, magazines, cardboard and junk mail. These items should not go into the trash.
- the recycling center has free scrap wood available for wood crafting or other projects.
- styrofoam packing peanuts can be dropped off at Mail Boxes Etc., 1801 Avenue F. MBE will reuse the peanuts inside parcels they send out. This a great way to recycle and keep styrofoam out of the trash.

The recycling center, building 2018, is open 7:30 a.m.-4:30 p.m. Monday-Friday.

For more information, call 5247.

## Breakfast

The Hispanic Heritage Committee breakfast will be at the Fiesta Center patio at 7:30-9:30 a.m. Tuesday. The event is free and open to everyone.

For more information, call Juan Cedillo at 5585.

## Volunteers

The Black Heritage Committee is seeking volunteers to help restore the Black Seminole Indian cemetery at Bracketville Oct. 16.

There are four Congressional Medal of Honor win-

ners, Buffalo Soldiers, Korean and Vietnam veterans, as well as Black Seminole Indian scouts and their families buried there.

Descendents in the area are responsible for the upkeep of the cemetery, but they need help. The grass needs cutting, headstones need cleaning and debris needs to be cleared.

Volunteers should bring any lawn tools they have. Water and soft drinks will be provided, and if there are enough people, a lunch will be provided on Fort Clark. The meeting place is the parking lot behind the education office, building 316, at 9 a.m. Oct. 16.

For more information, call Eddie Adams at 4726.

## Registration

Registration for Embry-Riddle's winter term is now underway. Semester is Oct. 18 through Dec. 29.

For information on registration or other education questions, call the education center at 5285.

## Tobacco cessation

The next tobacco cessation class will be in the Health and Wellness Center conference room from 10 a.m. to 4:30 p.m. Tuesday.

Anyone interested in attending the classes please contact Senior Airman Monica Cantu at 6464.

## Charge card training

Initial training for primary and alternate government travel charge card account coordinators will be Oct. 22 at the education office, in the computer lab. There will be two sessions: 8-10 a.m. and 2-4 p.m.

For more information on training or general questions about

## Enlisted and civilian spouses club

The enlisted and civilian spouses club is open to all spouses of active duty or retired enlisted, DoD civilians and numbered Air Force employees.

ECSC has social gatherings for various activities such as bowling, bingo, ice cream socials, shopping trips, craft demonstrations, family picnics and many other fun activities.

The organization has fundraisers throughout the year to earn money for scholarships, supporting youth sports teams, gift certificates for base quarterly award winners and other donations on base and in the local community.

Monthly meetings are usually the fourth Tuesday of each month at 7 p.m. at Club Amistad. Everyone is welcome to attend.

Board members are Tech. Sgt. Kathy Harting, president, 4365; Master Sgt. Sandy Harper, vice president, 5620; Adrean Varnadore, secretary; Airman 1st Class Sandy Williams, treasurer; Lynette Enyeart, assistant treasurer.

## Laughlin 1999 Combined Federal Campaign (Progress by organization)

